



**No 6**  
**26 FEBRUARY**  
**2015**

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# Unity College Weekly Newsletter

Download the following documents from our website:

[Term plan Term 1](#)

[School Calendar 2015 \(UPDATED\)](#)

## Unity Annual General Meeting AGM

The Chairman of the Unity Board invites all parents and interested parties to our Annual General Meeting

**On Monday 16 March 2015**

Cocktails at 18h00  
(in Vicky Lamb's classroom (old J1 class) near the hall)

AGM starts at 19h00  
to be held in the school hall

Children are welcome and will be supervised in the junior m classroom which is accessed through the hall.

Please make every effort to attend this important and informative evening

We look forward to sharing this evening with you

## The Glass Recycling Company Schools Competition

This competition will run from February to October of this year. Exciting monthly and annual prizes are on offer to top performing schools from The Glass Recycling Company.

Before putting glass bottles in our bin, all lids should be removed and the contents of bottles removed.

Acceptable glass products are alcoholic beverage bottles, juice and soft drink bottles and food jars such as mayonnaise, chutney and peanut butter jars etc.

Ideally, we would like to empty our bin once a month but as we are a small school it takes ages for our bin to fill up.

You can help boost our glass collection by collecting bottles/jars from family and friends to add to our bin.

### Why recycle glass?

Recycling glass makes a material difference - saving energy, water and natural resources, while reducing waste landfill. Unlike other materials in the waste stream, glass can also be recycled an unlimited number of times without compromising on quality and product integrity is retained.



Remember to drop your empty glass bottles or jars into the bin at Unity.



Olivedale - Randburg  
**Namaste** Office & After Hours  
Gipsy Cabin  
Acrylic . Tips . Overlays . Gelish . Pedicure . Manicure . Hair Removal  
Cat Haliwell +27 84 443 2202 cat@namaste.co.za  
View Price guide and Nail art: www.namaste.co.za/salon.html  
5 Free Underarm hair removal sessions for all referrals

## Talk at Unity 20 March 2015

We are delighted to INVITE YOU to an informative talk by Clinical Psychologist Jeanine Lamusse who graduated Cum Laude at the University of Johannesburg when she completed her masters in Clinical Psychology.

[Read more...](#)

## Upcoming Events

**UNITY SPORTS DAY**  
Saturday 14 March at 09h00

**ANNUAL GENERAL MEETING**  
Monday 16 March at 18:00

**PLEASE DIARIES THESE EVENTS**  
<http://unity-college.org.za/events/2015-03/>

## Music Appreciation Lessons

If you're wishing to develop your child's love for music, whether it be expanding their music reading ability, teaching them the skills to play their favourite songs on the piano or purely introducing them to the instrument...

With Teacher Tracey's dad!

- ♪ Piano lessons specific to your child's abilities
- ♪ Therapeutic expansion



Contact Clive Holliman  
082 848 5605  
[clive@cshprojects.co.za](mailto:clive@cshprojects.co.za)

## Aftercare

Aftercare is open daily throughout the term from 13:30 / 14:00 / 15:00 until 17:30.

### FEES:

Regular - R1000.00 per month  
Casual - R 100.00 per day

Please contact Hazel on 083 755 5968 should you require further information.

## Unity School Caps

The wearing of these caps is compulsory. The caps will be kept at school in your child's register class. We are expecting our next order of caps before sports day. Hurry to order your cap with Debbie at the office Payment of R55.00 will secure your order.



MySchool MyVillage MyPlanet  
**R15 000**  
CASH JUST FOR YOU  
Update your profile before 28 Feb & stand a chance to win.  
Update profile >

Get a MySchool Card now >  
Only takes one minute

Partner store locator >

**R15 000**  
CASH JUST FOR YOU!  
Update your MySchool profile before 28 Feb  
Update online - now >

## Unity's New School | Progress

Please feel free to pop in to our new school premises in Runnymede Avenue, Chartwell.

Mr. Botha is permanently stationed there and invites all parents to visit and have a personalised tour of the facilities. Call him on 082 801 1918 or (011) 460 0017.

[Read more...](#)

## Kids News Website

Kids News is a portal site for South African parents, teachers, therapists and others involved with children.

Our website and newsletters will help to keep you up to date on events and workshops - educational and recreational - as well as holiday camps and entertainment, products and services for children, and other ideas to help you in your role as parent.

Register for the newsletter in your area (see left menu) and we will keep you informed. We don't share your email, and you may adjust your subscription

[Read more...](#)



## Unity - Bus Routes

We have three bus routes to and from Unity. We have spaces available on each of our routes. (Parktown, North Riding and Midrand)

Please contact Henry on (011) 460 0017 or on his cell 082 801 1918 should you wish to find out more about these routes.

## OT Department Request

The OT Department is looking for corduroy/denim jackets that are perhaps too small for your child which will be used to make weighted jackets.

## Tuck shop

On 4<sup>th</sup> March, the tuck shop will be selling tuna coleslaw rolls (R15) and cheese and salad rolls (R12)

## From the Principal's Pen

Nancy Miller is one of the pillars of the international special needs community, and has made incredible contributions in the field of supporting parents of special needs children. For one thing, she has challenged the nirvana-like goal of "Acceptance".

There is a lot of talk amongst parents and professionals of "acceptance". Parents often refer to "acceptance" as this goal they should already have reached. They aren't always sure what it is, and feel immense pressure to achieve "it". "Acceptance" is often held up as a measurement of how well parents are coping with their child's disability.

History would have us believe that "acceptance" means admitting defeat, not trying to fight for better outcomes for your child; in other words, to give in to it. Today we tend to think that acceptance is the acknowledgment that a problem exists, and to understand the meaning of the problem by gaining knowledge and mastery of the issue so that your child with special needs can be integrated into your life.

Like one mom said: "Okay, I get it. The problem is here and it's not going away. How do we understand it, integrate it into our lives, and make it the best it can be for our child and our family?"

Be sure to read next weeks' newsletter for Nancy Millers' twenty destination points in our lives that help us to stretch our limits and grow to new definitions of ourselves.

Till next week

*Bruce Lindsay*

**DISCLAIMER:**

Any advertisement placed in this newsletter is done as a service to the community Unity serves. This should not be viewed as an endorsement or recommendation of any product or service advertised.